

Free and Confidential Help is Available



Are you using
Drugs and or
Alcohol?

If you are a teen or a parent of a teen who is using drugs and or alcohol, there is help available now! There is a counselor available to discuss treatment options. There is a nurse there to help you. Teens may self refer without parental consent, but family involvement is strongly encouraged. Unless the youth is over 18 and not under court control, youth must discharge to an adult approved by the parents.

Tacoma Detoxification Center
721 S. Fawcett # 100
Tacoma, Washington 98402

MDC Substance Abuse Services

MDC Substance Abuse Services
Substance Abuse Services



*Adolescent
Detox & Stabilization
Services*

**A program funded by
Washington Division of
Alcohol and Drug Abuse
for teens ages 13-18.**

**721 S. Fawcett # 100
Tacoma, Wa. 98402
Tel: 253.593.2413
Open 24 hours a day.**

What Is Stabilization?

It is the start of your recovery from drugs and or alcohol use. It is a safe place to sort things out. It will also provide a safe relief from your life challenges.

Although located at Tacoma Detox, most teens do not need the level of medical management adults do, however, when withdrawal symptoms are present,

Medical support is available. Stabilization can be a safe place to take time out and to plan with the staff's help, your next steps to recovery.

Teens are accommodated in separate sleeping quarters from adults. The family is encouraged to visit.

You can stay up to 10 days. There are no classes to attend, but we encourage you to go to AA or NA meetings. TV, and movies are available and there is a radio in your room. You are encouraged to bring books and tapes to use during your stay. We want your stay to be a positive experience while getting the

Help you need. Admitting you need help is the first step in your wellness!!! Stabilization is here to help in that process. We want to help!

How Do I know I need to come here?

Have you gotten into trouble at home or at school for using drugs and or alcohol? Are you scared?

Do you want to stop but don't know how? Are you in a situation where you don't feel safe because of drugs and or alcohol?

IF you said yes to one thing then give us a call. The number is 253.593.2413.

If you are scared ask a friend, school counselor, parent, teacher, or police, fire personnel and yes even your P.O. to help you get away from drugs. P.S. yes... alcohol is a drug!!

What to Bring:

Everyone is in sweats so if you would feel more comfortable, bring your own, no big deal if you don't have them.

Any medicines that you take must in their original bottles.

PER LAW, WE CANNOT TAKE YOUTH WHO ARE IN FOSTER CARE/WARDS OF THE COURTS

CD players are ok but the rule is if we can hear it outside the room it's too loud! You also can bring

favorite books or games but most of all bring an open mind!

If you have Insurance or a provider one card please bring it, if you don't have it that's ok.

\$\$\$for the pop, phone and candy machine.

You need to have an adult pick you up if you are under 18 and not under court order. If you're not living at home, it can be your P.O., counselor, minister or the adult caring for you.

If you are not sure you need to come, it's ok, call and ask questions.

Get help now!

Tacoma Detox



It's probably best to call us to make sure there's room but if you need to you can just show up!

MDC Substance Abuse Services

Tacoma Detoxification Center

721 S. Fawcett # 100

Tacoma, Washington 98402

Phone: 253,593.2413

Fax: 253.627.4817